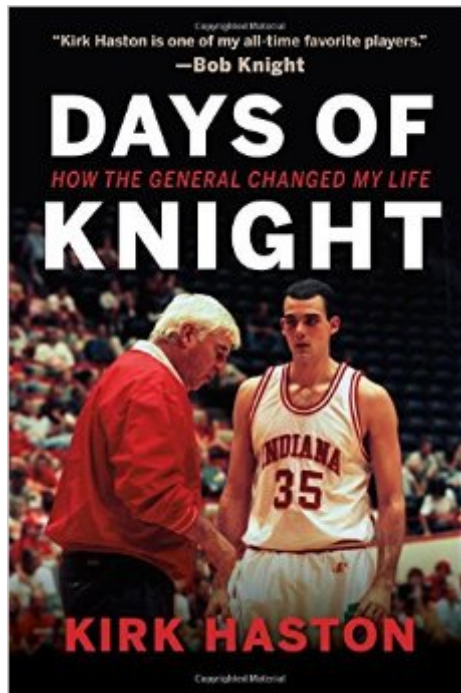


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# Days Of Knight: How The General Changed My Life



## Synopsis

What happens when a 6' 9" kid from Lobelville, Tennessee is recruited by legendary basketball coach Bob Knight? Kirk Haston's life was changed forever with just a two-minute phone call. Containing previously unknown Knight stories, anecdotes, and choice quotes, fans will gain an inside look at the notoriously private man and his no-nonsense coaching style. Which past Hoosier basketball greats returned to talk to and practice with current teams? How did Knight mentally challenge his players in practices? How did the players feel when Knight was fired? In this touching and humorous book, Haston shares these answers and more, including his own Hoosier highs—shooting a famous three-point winning shot against number one ranked Michigan State—and lows—losing his mom in a heartbreaking tornado accident. Days of Knight is a book every die-hard IU basketball fan will treasure.

## Book Information

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Average Customer Review: 5.0 out of 5 stars See all reviews (6 customer reviews)

Best Sellers Rank: #24,478 in Books (See Top 100 in Books) #13 in Books > Biographies & Memoirs > Sports & Outdoors > Basketball #23 in Books > Sports & Outdoors > Basketball

## Customer Reviews

This is quite simply an excellent book that details the teaching and coaching methods Coach Knight has used to win over 900 games and 3 NCAA Championships with close to a 98% graduation rate. Kirk shows a different side of Knight that has been seldom seen over the course of his career. Using detailed notes from his playing days, Kirk shows the level of preparation and instruction Coach Knight used to get the maximum out of his players and the techniques he used to build a winning team. This book is a must-have for any player, coach or IU Basketball fan.

Awesome read. I simply couldn't put it down. I laughed and cried, corny as it sounds but it's true. I'm sure Kirks family is so proud of him and I suspect Coach Knight feels the same. I simply love that at

the very end in the acknowledgments he gave thanks to God and quotes Philippians 4:13. You will be glad you made this purchase.

Outstanding book and journey. Life lessons that we can all learn from . I would highly recommend this book. Coach Knight was just that a coach and that means he had the responsibility to teach - guide and lead young men.Kirk you rock !!!

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